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Help the Planet!

March 15, 2019

Earth Day is April 22nd. But there are many ways you can help the Earth all year long. What can you do to help the planet? If you follow these tips, you can make the difference!

A. You can turn off the tap.

If we don't drink water, we are in danger. So, it's important to conserve it. Turn off the faucet while you are brushing your teeth. That can save 757 litres of water each month.

B. You can plant a tree.

Trees are good for the planet. They create oxygen and they clean the air we breathe. It is very important to stop the deforestation of rainforests. If we don't preserve vegetation, our planet is at risk.

C. You can ride a bike.

Cars and buses pollute the air. Choosing to walk or bike helps keep the air clean. Plus, biking is good exercise!

D. You can recycle.

Many materials like paper, metal, and plastic can be recycled. They can be made into new items. If you recycle paper, you also save trees.

E. You can turn off the lights.

Electricity lights our houses and charges our phones. But electricity uses up energy. Turn off the lights when you leave a room. That saves energy and it helps the environment.

F. You can pick up litter.

Trash can contaminate many places like rivers, lakes, beaches and parks. Put it in a bag and throw it in a bin if you can't recycle it. Mother Nature will thank you!

